

Love is a Spiritual Glue by Jean Kadkbodaian

In an article "The Effects of Love Emotions on Your Body" written by Murad Ali, he states that "when you are in love your cells band together and produce a milky substance between them (no one knows what this is). Therefore, your body changes quickly with the emotion of love. You feel strong, proud and able to conquer the world. When you feel sad, it is almost as if your cells run away from each other and move very fast, almost as if they don't like each other. Thus you can feel sad, weak and worthless. You don't have the strength to get out of bed, let alone do something productive. The effects of Love, both positive and negative, are powerful tools. If we could master our emotions and tap into this power, then imagine the potential of healing and growth that we could experience.

If lack of love can push us apart can love pull us together? I recently read a forward written by Dr. Wayne Dyer he signed it, "I Love you, All of you". I thought, does he mean he loves all of us, or all aspects of me? Even though

he does not personally know me, I felt that he was speaking to me individually and to all us collectively. I thought that was a great salutation and it works either way. This concept started me thinking, what if everyone on earth at the same time shouted out, "I LOVE YOU, ALL OF YOU", and it converts into a wave, broadcasting the message out into the universe? What kind of wave would that be? If the cells in your body band together, would the human race likewise band together? Now, that is something I would love to find out. Until then, I love you, all of you.





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